

BANANA NEWS



GO DEEPER

SPECIAL WORDS

GOD IS

(POINT UP)

THREE-IN-ONE

(HOLD UP 3 FINGERS AND THEN 1 FINGER)

MEMORY VERSE

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. *Romans 12:2*

BIBLE PASSAGES

Day 1: Only One God Read - Deuteronomy 6:4, Isaiah 46:9

Find a stuffed cat/dog, play money, pretend food, etc., that your child can compare with the real object (a real cat/dog, real money, real food, etc.). The Bible tells us that we should worship God alone. Just like a stuffed animal, play money, or play food are not the same as the real thing, there is nothing in this world that can compare to our very real, all-powerful God! Let's say our special words in our robot voice: **God is Three-in-One!**

Day 2: God the Father *Read - Ephesians 4:6, Isaiah 64:8, James 1:17, 1 Peter 1:3* Have your child draw their parents (or a parent figure in their life). After drawing the picture, ask your child what they do that makes them feel loved. Did you know that the Bible calls God our Father too? God created us, and He loves us more than anyone else! He is a perfect Father who takes care of us and helps us when we need it. Let's say our special words in our deep voice: **God is Three-in-One!**

Day 3: God the Son Read - John 3:16, Matthew 16:24

Make a paper doll family with your child (or use stuffed animals, dolls, etc.). Label each member in the family with your child (mom, dad, son, daughter, etc.). Did you know that Jesus is God the son? Jesus is God and was there in the beginning, when the world was created! God loves us so much that He sent Jesus to die on the cross and take the punishment for our sins! Let's say our special words together in our squeaky voice: **God is Three-in-One!**

Day 4: God the Holy Spirit Read - Genesis 1:2, John 14:26, Ezekiel 36: 26-27 The Holy Spirit is the Spirit of God, and was with God in the beginning when He created the world! The Holy Spirit is a helper to those who follow Jesus. The Holy Spirit helps us understand God's Word and make right choices. Put your hand in front of you and blow on it. Can you feel your breath on your hand? That's what the Holy Spirit is like: we can't see Him, but we can feel Him guiding us! Let's whisper our special words together: **God is Three-in-One!**

Day 5: The Trinity Read - Genesis 1:26a-27

When God created the first man, He did not say that He would make man in "MY"; He said "OUR" image. God is Three-In-One - God the Father, God the Son, and God the Holy Spirit. An egg has three parts, a shell, a white, and a yolk, but it is still one egg. In the same way, God the Father, God the Son, and God the Holy Spirit are all different parts of the same amazing God! Let's shout our special words together: **God is Three-in-One!**



Materials: Silicone Mold, Water, Frying Pan, Stove

This activity requires adult supervision Fill your silicone mold ½ full of water and place it in your freezer. Once frozen, take the ice cube and place it in the frying pan. Turn on the heat and watch what happens. When you placed the ice cube in the pan, what happened? As the water was heated, you were able to see the three forms of water. These different forms can remind us of the three forms of God.

- God the Father Ice is hard. It is solid. This can remind you that God the Father is our solid foundation. Psalm 89:14a - Righteousness and justice are the foundation of your throne...
- God the Son We use water to clean ourselves. This can remind you that God the Son, died on the cross to cleanse us of our sin. We also drink water to stay alive! Jesus is also called the Living Water (John 4:10) and in Him we are offered life forever with Him.
- <u>God the Holy Spirit</u> Gas cannot be seen, but you can see its effects. You could see it make air bubbles in the water in the pan and you could feel the warmth of the steam. We can see the effects of the Holy Spirit . The Spirit works to make God's plans known to us and to change us to become more like Jesus.

Was the water that was in the ice cube the same water that you saw in the pan? Was the water you saw in the pan the same water you saw as steam? It was the same water no matter what form it took! Did you know there is even a temperature at which water can be in all 3 forms at one time! It's called the "triple point" and you can learn more about that at https://tinyurl.com/H2O3in1. Water at its "triple point", is a way to help us picture that God is one and yet He exists as three.



APPLE 3-IN-1

Materials: Apple

Grab an apple and share these five truths with your kids:

- 1. An apple has three parts: the seeds, the flesh, and the skin. When you cut an apple in half, you can see that each of these three parts are different (at this point, you can cut the apple open for your kids!)
- 2. The skin is like God the Father because He protects us.
- 3. The flesh is like God the Son because Jesus Christ took on human flesh.
- 4. The seeds are like God the Holy Spirit because through His power, we grow in faith.
- 5. Each of the parts of an apple are different, but they are ALL apple. Like the apple, the persons of God are different (Father, Son, and Holy Spirit), yet they are ALL God.



CUDDLE CLOSE

Materials: None

Before bed pull your child close beside you and say, "God loves me and you. He is three-in-one, it's true!" As you tuck them into bed, sing, "How Great is our God" (https://tinyurl.com/yancyhowgreat). Then pray together, pausing after each phrase to let your child repeat after you:

Dear God, You are the one true God. There is no one like you. Thank you for being a loving God. In Jesus' name, Amen.